



TREASURE VALLEY

CLASSICAL ACADEMY

Treasure Valley Classical Academy
Triennial Progress Report
SY 2022-2023
Wellness Policy Assessment Summary

Purpose of the Student Wellness Policy

The Wellness Policy is a written document that guides Treasure Valley Classical Academy's efforts to create supportive school nutrition and physical activity environments. Treasure Valley Classical Academy is committed to the optimal development of every student. The School believes that for students to have the opportunity to achieve personal, academic, developmental, and social success, we need to create virtuous, safe, and health-promoting learning environments at every level, in every setting, throughout the school year. The policy outlines the School's approach to ensuring environments and opportunities for all students to practice healthy eating and physical activity behaviors throughout the school day while minimizing distractions.

Policy Review and Compliance

The Wellness Committee completed a thorough review of the school wellness policy using the CDC's School Health Index (a self-assessment and planning guide) and input from the review committee. Using this documentation, the committee determined that the policy is in compliance with the School Board policy and meets the Federal requirements for local school wellness policies. Recommended actions to improve upon this policy have been established and will continue to be evaluated. The committee will continue to meet per requirements to achieve these actions.

Review Committee:

Ms. Kapoor - Director of Operations
Dr. Condra - Principal
Mrs. Walsh - School Nurse
Mr. Munoz – Nutrition Services
Mr. Thomas - Facilities Manager
Mr. Tilson – Athletic Director
Student Representative
Ad Hoc MST Members